



Nature in the City

2010 SPRING TREKS

Connecting people and nature where we live.

- SUN, MAR 28, 9:00 - 12:00 **Tune Into Spring on Twin Peaks**, Josiah Clark, *Habitat Potential*
- SAT, APR 3, 1:00 - 2:40 **Explore Yerba Buena Island**, Ruth Gravanis, *Biodiversity Activist*
- SAT, APR 10, 10:00 - 12:00 **Mt Sutro in Bloom**, Craig Dawson, *Founder of Mt Sutro Stewards*
- SAT, APR 10, 10:00 - 12:00 **URBIA Adventure League***, Green Hairstreak Corridor
- SAT, APR 17, 1:00 - 3:00 **Twin Peaks Watershed & Botany**, Amber Hasselbring, *Eco-Artist*
- SAT, APR 24, 11:00 - 1:00 **Green Hairstreak Butterfly Corridor**, Liam O'Brien, *Lepidopterist*
- SUN, APR 25, 8:30 - 11:00 **Spring Migration at Mt Davidson**, Dominik Mosur, *SF Birds*
- SUN, MAY 2, 11:00 - 1:00 **Green Hairstreak Butterfly Corridor**, Liam O'Brien, *Lepidopterist*
- SAT, MAY 29, 9:30 - 12:00 **Get out & Get dirty in GG Park***, Chris Giorni, *Tree Frog Treks*

**Family-fun event!*

TREK DETAILS:

March 28, 9am-noon Tune Into Spring on Twin Peaks with Josiah Clark, *Habitat Potential*

Join local Ecologist [Josiah Clark](#) to explore one of San Francisco's most prominent yet misunderstood natural landmarks, to focus in on the plant and associated breeding bird communities of Twin Peaks & Mt. Sutro. Seeking and finding dozens of native and introduced organisms, we will consider the specific opportunities and limiting factors of each. Josiah will help the group to interpret and decipher signature natural resources, combining fundamental principles in landscape ecology with an intimate knowledge of the needs and status of San Francisco's unique and disappearing wildlife species.

We will make a special effort to listen to the unique song dialects of San Francisco's last *Nuttall's White-crowned Sparrows* as we look for the last endangered *Mission Blue* butterflies, which will be just hatching out. Also, we'll keep a sharp eye out for signs of breeding birds and migration. Blink and you will miss it. *Tune into the ephemeral, vibrant beauty of spring!*

April 3, 1:00-2:40pm Exploring Yerba Buena Island with Ruth Gravanis, *Biodiversity Activist*

Join us for a lively walking tour of a little-known treasure, visiting remaining indigenous Bay Area ecosystems right in the middle of San Francisco Bay. We'll discuss the cultural and natural history of the island and its restoration needs while observing vegetation, critters, geologic features, cultural landmarks, and great vistas.

April 10, 10am-noon Mt Sutro in Bloom with Craig Dawson, *Founder of Mt Sutro Stewards*

Walk at a leisurely pace along the dappled trails of Mt Sutro, with founder of the Mt Sutro Stewards, [Craig Dawson](#). We will focus on the abundant native flowers in bloom at this time, as well as learn what to look for on future visits with the changing seasons. Craig will share from his vast knowledge and stories about the rich history, flora, and fauna of this mountain that he has known since childhood, and become its greatest steward today.

April 10, 10am-noon URBIA Adventure League* in Green Hairstreak Corridor

Come at any time between 10-noon to the base of the brilliant community-mosaic Tiled Steps at 16th Ave & Moraga, to receive and begin your 2-3 hour self-guided URBIA Adventure along the Green Hairstreak Corridor, during the short time that this rare local butterfly is flying. Take the tour alone, with friends, or as a family with children ages 3 and up, and find out about more [URBIA Adventures](#). *Family-fun event!

April 17, 1-3 Twin Peaks Watershed and Botany Walk with Amber Hasselbring, Eco-Artist

Taking a new look at Noe Valley as a watershed, we will explore the natural topography of the land, observing how water has shaped the urban landscape above and below ground. We will trek to find the remnants of Precita Creek, and continue along stairways and walking paths to the summit of Twin Peaks, stopping at viewpoints along the way as we climb to 922' elevation. As we walk through urbanized spaces, we'll also discuss sidewalk and habitat gardening, botany, history, geology, birds & insects, and ecologically sensitive ways to improve San Francisco's ecosystem.

April 24, 11-1 Green Hairstreak Butterfly Corridor with Liam O'Brien, Lepidopterist

Take a captivating walk with lepidopterist Liam O'Brien as we seek a glimpse of the stunning iridescent green, locally endangered Green Hairstreak butterfly. Walking through some of its last island breeding areas, we will discuss its life-cycle, plant associations, and efforts in the neighborhood to increase its habitat and to create a connected habitat corridor. We will have Liam's expert eye on the lookout for other butterflies and their host and nectar plants as well, and learn out how to plant for the Green Hairstreak and other local butterflies in your own neighborhood. See Liam and the Green Hairstreak butterfly on the Channel 7 news at <http://abclocal.go.com/kgo/video?id=6921458> !

April 25, 8:30-11am Spring Bird Migration at Mt Davidson with Dominik Mosur, SF Birds

Join experienced local birder Dominik Mosur for a beautiful morning seeking out spring migrants at one of San Francisco's premier birding locations, Mt. Davidson. Birds we are likely to see include Black-headed Grosbeaks, Bullock's Orioles, Western Tanagers, wood warblers, Empidonax flycatchers, a variety of sparrows, and there is always the chance of an unexpected vagrant as well. Mt. Davidson is also host to dozens of species of native plants, insects as well as several species of reptiles. Depending on conditions, and the number of birds present, we may also check nearby Glen Canyon Park. Remember to bring your binoculars and bird guides!

May 2, 11-1 Green Hairstreak Butterfly Corridor with Liam O'Brien, Lepidopterist

SEE April 24, FOR DETAILS!

May 29, 9:30am-noon Get out & Get dirty in GG Park*, Chris Giorni, Tree Frog Treks

Gather at the enchanting Tree Frog Treks' Frog Hall to meet the animals, slither with a snake, sip hot tea /coffee, & nibble freshly popped popcorn. Then we will venture off to the Oak Woodlands in search of scrub jays, ravens, brown towhees, roly pollies & slender salamanders. We will then get down in the dirt to help restore a small corner of this wilderness in the city. We will finish up with a flush of fuchsias in the dell & towering redwoods, that impel us to stop, look & listen to the nature in the city. Rain or shine. Ages 4 & up, pre-K through gray! *Family-fun event!



RSVP NOW! Spaces are limited, \$10-20 Donation to support **Nature in the City** programs.

Contact: iris@natureinthecity.org, 415-564-4107, www.natureinthecity.org